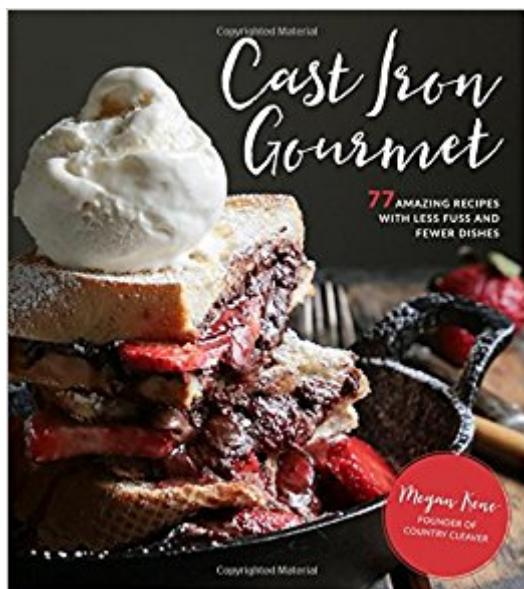


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# Cast Iron Gourmet: 77 Amazing Recipes With Less Fuss And Fewer Dishes



## Synopsis

“I could not be more excited about this cookbook. Megan captures what we all love about cast iron cooking but puts her own inventive spin on it. I predict you’ll find new favorites in her fresh and creative dinners. Megan’s food is truly mouth-watering but also real and straightforward to prepare. She does it all while keeping dirty dishes to a minimum, too. Win, win, win!”

Ree Drummond, New York Times bestselling author and founder of The Pioneer Woman

Megan Keno, creator of the blog Country Cleaver, brings new possibilities to cast iron cookware and highlights the many ways to use it to make exceptional meals easily. From perfectly seared steak to decadent dessert, Megan will show you the true potential of cast iron. Recipes include Rosemary and Roasted Garlic Focaccia, Caraway Seed Slow-Roasted Pork Shoulder, Bacon-Wrapped Filet Mignon and Blueberry, Cardamom and Coconut Crumble. Whether you have hours to slow roast pork in the oven, 30 minutes to put dinner on the table or you want to cook with only five ingredients or less, Megan’s delicious recipes will have you returning for more. With Cast Iron Gourmet, you’ll get incredible gourmet flavor out of one of your favorite traditional kitchen tools.

## Book Information

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## Customer Reviews

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prepare. She does it all while keeping dirty dishes to a minimum, too. Win, win, win! — Ree Drummond, New York Times bestselling author and founder of The Pioneer Woman

I've always said that the only pan you really need is one made of sturdy cast iron, and Cast Iron Gourmet proves it, deliciously. — Elise Bauer, founder of SimplyRecipes.com

Megan Keno is the founder of Country Cleaver, a food blog with an emphasis on countryliving. She has been featured on The Pioneer Woman and her work is regularly featured on SimplyRecipes. She lives in Seattle, Washington.

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